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DailyCandy Summer Trippin': where to go and what to do from coast to coast

March 28, 2006

## From Here to Maternity

DailyCandy Maternity Guide 2006



Pregnancy can be harrowing.

The ass-expanding-faster-than-the-belly-freak-out. The estrogen-fueled anxieties. Nine months of craziness compounded by a dearth of alcohol or meds.

Other coping mechanisms are a must. So, our guide to getting past the bumps in your labor of love.

### Bump #1

Good news: You're *supposed* to eat. Bad news: Everything makes you want to hurl. To help ease morning, afternoon, and night sickness, try [Preggie Pops](#). Or drown the pain with a cup of [Morning Wellness Tea](#).



### Bump #2

The pre-showing complex. Slogan tees may be as tired as you are, but [Trimester Tees](#) are actually funny. [Bella Bands](#) will discreetly cover your unbuttoned pants. For something you'll use beyond pregnancy, try the [Sweetness Pouch](#), a trendy sash that turns into a newborn sling.

### Bump #3

There's no stopping those stretch marks. Or, wait, is there some hope in a bottle of [Clarins Tonic body treatment oil](#)? Might as well try it. Of course, there's always [yoga](#).

### Bump #4

The idea of shopping sucks. But these finds make more tempting: [Chip & Pepper jeans](#), an [Isabella Oliver wrap cardigan](#), a [DVF wrap dress](#), and a [Cadeau smocked frock](#).

Flaunt those sexy curves in [Belabumbum lingerie](#), tame the [derriere](#), and keep those monster nipples out of view.



### Bump #5

Your belly feels like a petting zoo. Add a little wow factor with

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temporary [tummy tattoos](#).



#### Bump #6

The big belly discomforts. A [belly bed](#) will let you sleep on your tummy again. Still having trouble? Work on your [belly cast](#) late at night.

#### Bump #7

Okay, no one's gonna talk you out of your anxieties, but perhaps [listening](#) to your baby's heartbeat, kicks, and hiccups will put you at ease. Minimize the mounting stress with a [baby briefcase](#) to keep everything from birth certificates to doctors' numbers organized.

#### Bump #8

An obsessive nesting instinct has taken over. Read [The Peaceful Nursery: Preparing a Home for Your Baby with Feng Shui](#) for some inspiration.

#### Bump #9

All this and now what? Get the [birth announcements](#) and [thank-you notes](#) out of the way while you still have time. The last thing? Prep dear old dad for taking over a load or two with a [Diaper Dootie belt](#).



After all, necessity is the mother of invention.

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